



Nurse Jennifer Makinster

Aug 23, 2023

MESD nurse working at Grant High School

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Each school year we need an update on your child's health condition. You can use the Student [health condition portal](#) on the MESD School Health Services website. Select the health conditions that are applicable to your child and complete the necessary forms. Forms can be received securely via email, mail or drop off at the school.

If your child has any medication that needs to be taken during the school day you can access the necessary form(s) at the same website link. Forms are needed even if your student is able to carry and take their own medication. Forms are also on my webpage [Grant school nurse](#)

**It is recommended that high school students that are capable carry their allergy and asthma treatment meds.**

Examples of medications include:

Emergency medications: epinephrine auto-injectors for severe allergies, like EpiPens®, albuterol inhalers for asthma, or glucagon for diabetes

Daily medications: methylphenidate, insulin, etc.

Over-the-counter medications: ibuprofen (Advil®), acetaminophen (Tylenol®), diphenhydramine (Benadryl®), etc.

*Note: All medications must be kept in their original container. Prescription medication must be in the pharmacy labeled container.*

Sincerely,

Nurse Jennifer BSN, RN